

Development and validation of a genome-wide SNP model that stratifies *Helicobacter pylori* strains across Correa's cascade

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Abstract

Background: While *Helicobacter pylori* (*H. pylori*) infection is the primary cause of gastric cancer, only a minority of infected individuals progress along Correa's cascade from gastritis to malignancy. Classical virulence markers do not completely explain this heterogeneity, suggesting a role for broader, strain-specific genomic variation.

Methods: We conducted a bacterial genome-wide association study (GWAS) on 528 high-quality *H. pylori* whole-genome sequences, encompassing non-atrophic gastritis (NAG), atrophic gastritis (AG), intestinal metaplasia (IM), and gastric cancer (GC). A machine-learning framework was used to integrate associated variants into a random forest-based *H. pylori* Genomic Risk Score (HpRS) model, designed to distinguish strains associated with advanced (IM/GC) versus early (NAG/AG) lesions. Model performance was rigorously evaluated by cross-validation and an internal held-out test set, and externally validated in independent cohorts.

Results: Phylogenetic analyses showed that genome-wide clustering was primarily driven by geographic lineage rather than disease stage, indicating that stage association is not explained by lineage alone. HpRS achieved strong discrimination in repeated cross-validation (mean AUC = 0.902, 95% CI: 0.892–0.912), remained discriminatory in an internal held-out set (AUC = 0.780), and generalized to two independent cohorts (BV-BRC: AUC = 0.871; hospital cohort distinguishing IM vs NAG/AG: AUC = 0.843). Top predictive variants mapped predominantly to genes involved in core cellular functions—including DNA repair (*nth*), translation (*ileS*), central metabolism (*tkt*), and lipid metabolism (*fabX*)—rather than classical virulence factors, with multiple high-impact variants localized to conserved protein domains.

Conclusion: We developed and validated a genome-wide SNP-based risk model that quantifies the propensity of *H. pylori* strains to be associated with advanced stages of Correa's cascade. These findings support a polygenic architecture involving core metabolic and homeostatic pathways, and HpRS provides a foundation for strain-aware risk stratification in gastric cancer prevention.